



TORNADO BALL

SKU: TT13125

22.20 €

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Medicine Balls](#)

PRODUCT DETAILS

Tornado Balls are excellent for rhythmical stabilisation drills, explosive rebounding exercises against a wall, explosive floor core training and dynamic integrated training – such as standing lunge and slam. Ultimately Tornado Balls are tough, long lasting and provide a challenging workout - great for both power and core stability training.

They are stylish and offer a dynamic and effective, as well as rewarding workout. It is an innovative and versatile piece of modern training equipment and can be used for functional resistance training or anaerobic conditioning.

For rotational and power training as well sports conditioning and endurance workouts the Tornado Ball is highly effective. Made from premium quality textured rubber surface and rope runs through the middle of the ball.

BRAND

ENJOY PLAY



Net Weight

2 kg