Tip Top Sports Fgura
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TOORX RUBBER TRI-GRIP WEIGHT PLATE 1.25 KG

SKU: TT16744
5.86 €

Stock: Out Of Stock
Categories: Fitness, Plates Olympic Weights, Weights & Attachments

ADDITIONAL INFORMATION

Size	1.25 Kg

PRODUCT DETAILS

Toorx Rubber Tri-Grip Weight Plate 1.25 Kg
These Toorx Olympic weight plates are coated with heavy-duty rubber, this will ensure that the

weights last for a long time and won't damage your floor when dropped. The rubber also prevents the plates from rusting and degrading over time. Suitable for Olympic barbells, these weight plates come with a 50mm diameter hole.

Featuring also stainless steel bushing for easier loading and unloading. The unique Tri-Grip design allows for easier handling when loading and unloading, additionally, this allows users to perform multiple exercises such as lateral raises or overhead tricep extensions without the need to use a dumbbell or a machine.

Key Features:
 Built-in handles
 Olympic
 Rubber

Benefits Of The Product:
Free weight training has been scientifically proven multiple times that it is super beneficial for both your physical and mental health. There are multiple training routines with weight plates, dumbbells and other forms of free weights.

Training with free weights force you to use your muscles in a way that stabilises movement. This helps you build strength, power and coordination than if you where to use a machine that limits your movement to a restricted path.

BRAND

TOORX

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PROFESSIONAL LINE

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THE FIRST NAME IN FITNESS

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