

TOORX
PROFESSIONAL LINE

TOORX HEX RUBBER DUMBBELL 3 KG

SKU: TT17322

16.20 €

Stock: In stock

Categories: [Dumbbells](#), [Fitness](#), [Weights](#)
& [Attachments](#)



ADDITIONAL INFORMATION

Size	3 Kg
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PRODUCT DETAILS

Toorx Hex Rubber Dumbbell 3 Kg

Dumbbells are widely used in gyms and homes for various exercise purposes, a great tool for

full-body training, or targeted muscle groups. Solid cast dumbbell, covered with high-quality rubber. Designed to last through the years while also protecting your floor. Contoured solid chrome metal handles designed to fit comfortably. The textured handle provides a tight, secure grip. Hex-shaped rubber heads prevent rolling and provide easier storage.

Key Features:

- Hex shape prevents rolling
- High-quality rubber protects your floor
- Textured handle provides a secure grip

Benefits Of The Product:

Free weight training has been scientifically proven multiple times that it is super beneficial for both your physical and mental health. There are multiple training routines with weight plates, dumbbells and other forms of free weights.

Training with free weights force you to use your muscles in a way that stabilises movement. This helps you build strength, power and coordination than if you where to use a machine that limits your movement to a restricted path.

BRAND

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Net Weight

3 Kg