

TOORX
PROFESSIONAL LINE

TOORX FOAM ROLLER 90CM

SKU: TT18967

~~26.00 €~~ **19.99 €**

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Foam Body Rollers](#), [Foam Body Rollers](#),
[Medical & Physio](#)



PRODUCT DETAILS

Toorx Foam Roller 90cm

This foam roller is 90cm in length which and 15cm thick. It is great for rolling your arms, legs and other body parts to improve blood flow and help repair muscle damage.

Benefits Of The Product:

Foam rollers are excellent for self-myofascial release. This technique can help relive muscle tightness, soreness and inflammation. Additionally, foam rolling can be an effective tool to warm-up your joints before a workout to reduce injury.

BRAND

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