

TOORX
PROFESSIONAL LINE



TOORX BUMPER WEIGHT PLATE 5 KG

SKU: TT17865

34.99 €

Stock: Out Of Stock

Categories: [Fitness](#), [Plates Olympic Weights](#), [Weights & Attachments](#)

ADDITIONAL INFORMATION

Color	White
Size	5 Kg

PRODUCT DETAILS

Toorx Bumper Weight Plate 5 Kg

Bumper plates are constructed of high-density rubber with solid stainless steel inserts that can withstand repeated drops and with minimal bounce. Each bumper plate has an inner ring with a diameter of 45mm and stainless steel bushing for easier loading and unloading.

These Olympic rubber bumper plates are made with high-quality rubber to protect your gym floor. Additionally, each bumper plate is color-coded for easy identification and labelled in kg.

Key Features:

- Olympic
- Rubber

Benefits Of The Product:

Free weight training has been scientifically proven multiple times that it is super beneficial for both your physical and mental health. There are multiple training routines with weight plates, dumbbells and other forms of free weights.

Training with free weights force you to use your muscles in a way that stabilises movement. This helps you build strength, power and coordination than if you where to use a machine that limits your movement to a restricted path.

BRAND

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