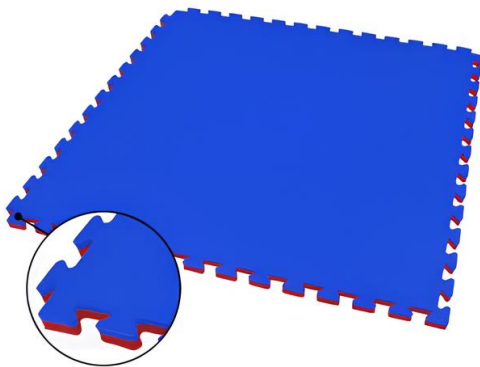




NTT RED & BLUE PUZZLE MAT W/EDGES 1MX1MX2CM

SKU: TT19968
20.00 €

Stock: In stock

Categories: [Puzzle Mats](#)

PRODUCT DETAILS

Red & Blue **Mats (1 Meter by 1 Meter by Thickness: 2 cm)**

Elevate your training environment with our high-quality Puzzle Mats, specifically designed to enhance your functional training area. These mats feature a robust double-layer construction, providing superior technical flooring that meets the demands of intense workouts and high-impact activities.

Key Features:

Double-Layer Construction: Engineered with a dual-layer design to offer exceptional durability and longevity, ensuring your flooring can withstand rigorous use over time.

High Shock Absorption: These mats boast an impressive shock absorption capacity, ideal for

cushioning the impact from the potential fall of free weights, kettlebells, dumbbells, and barbells. Protect your floors and your equipment from damage while minimizing noise and vibration.

Optimal Grip and Stability: Designed to provide high levels of grip and stability, our puzzle mats ensure a secure footing for a variety of exercises. Experience enhanced comfort and safety, reducing the risk of slips and falls during your workout.

Easy Assembly and Customization: The interlocking puzzle design allows for quick and easy assembly, enabling you to customize the size and shape of your workout area effortlessly. Expand or reconfigure your space as needed without hassle.

Specifications:

1. Dimensions: 1 meter x 1 meter
2. Thickness: 2 cm
3. Color: Red & Blue

Enhanced Safety: The high shock absorption and stability features significantly reduce the risk of injury, providing a safer workout environment.

Versatile Use: Ideal for various exercises and training routines, including high-intensity interval training (HIIT), weightlifting, and functional fitness workouts.

Durability: Built to withstand heavy usage, these mats are perfect for both home gyms and commercial fitness facilities.

Comfort: The 2 cm thickness offers excellent cushioning, reducing the strain on joints and muscles during prolonged exercise sessions.

Exercise Benefits:

1. **Shock Absorption:** Protects joints and reduces impact-related injuries by absorbing the force of falls and jumps.
2. **Grip and Stability:** Enhances performance by providing a stable and secure surface, allowing for more controlled movements and better balance.
3. **Comfort:** The cushioned surface offers additional comfort, making it easier to perform floor exercises and stretches.
4. **Noise Reduction:** Minimizes noise from equipment drops, creating a quieter workout

environment.

5. Upgrade your training space with our Puzzle Mats and experience the per