



HMS SLAM BALL 22KG

SKU: TT18108

42.23 €



Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Slam Balls](#)

PRODUCT DETAILS

HMS Slam Ball 22Kg

PSB22 Slam Ball HMS is a ball that does not bounce. Slam ball belongs to the class of medicine ball. This medicine ball is made of rubber, which is filled with sand. Thanks to this, the medicine ball will not fall apart and will not be destroyed if you throw it against the ground. Slamball is a perfect tool, thanks to which we can train the development of explosive strength and internal stabilizing muscles. Slamball can be used for training the explosiveness of individual muscle parts and the body as a unique whole. In many cases, the ball can also be used for standard training, where it replaces the classic medicine ball or overball. Thanks to the filling, it can be placed on the floor and leaning against the wall.

- The flexible surface absorbs shocks better
- Abrasion-resistant synthetic material
- Ball weight: 22.0kg

BRAND

HMS

