



HMS MESSAGE GUN PDM4482G BLACK

SKU: TT19150

89.00 €

Stock: Out Of Stock

Categories: [Fitness](#), [Medical & Physio](#)

ADDITIONAL INFORMATION

Color Black

PRODUCT DETAILS

The PDM4482G HMS is a professional massage gun.

It is intended for a deep massage of the entire body.

The gun works well for both, athletes, and people having a sedentary lifestyle as well as for physiotherapists. The product has 6 replaceable tips. Combined with up to twenty speed adjustments it enables you to adjust the massage to any type of muscle. PDM4482G is a powerful device, twentieth speed levels convert into up to 3200 movements per minute. It provides a really deep massage.

The product is very easy to use and it has a clear LED display showing the current speed and the battery charge level. It is also handy and lightweight. It is no problem to have a massage when sitting comfortably in front of the TV or at a desk at work. Moreover, the gun is equipped with a durable battery. When charged maximally it enables 240-minute operation. The entire set is packed in a handy suitcase, which makes it easier to take the equipment on the go.

Using the gun brings two types of benefits for our body: mechanical neurological and physiological. The mechanical benefit is the hydration of muscles and fascial tissues. Shortly, all our internal tissues are surrounded by a special fluid, the more water-like consistency of the fluid, the greater the range of motion. This is how the gun works, we hydrate the tissues increasing their mobility and supporting the lymphatic system.

The second type of benefits is neurological and physiological. When doing the massage by the gun, we affect the muscle fascia and more precisely, the receptors in it. These receptors are responsible for muscle tension. Therefore, we can conclude that the PDM4482G relaxes the muscles and accelerates the healing of micro-injuries, so-called sore muscles.

Application of tips:

- Round - the most universal tip, intended to massage the whole body at moderate intensity
- A fork - massage of long and narrow muscles, as well as the area around the spine, such as the neck
- Flat one - larger, more tense muscles
- A bullet - very precise tip, designed for trigger points, it helps to massage difficult-to-reach muscles
- Bullet (cone) - thanks to its tapering shape it hits the painful spot precisely and deeply, designed for trigger points, it helps to massage difficult-to-reach muscles

- A cork - is used to massage the places closest to the bone due to the greatest elasticity

BRAND

HMS



Net Weight

Product weight: 1,5 kg

Dimentions When Assembled (LxWxH)

Length: 17.5 cm Width: 7 cm Height: 23 cm