

everfit

EVERFIT WELLY-M

SKU: TT13162

76.00 €

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Medical & Physio](#), [Movement Trainer](#),
[Movement Trainers](#)



PRODUCT DETAILS

- With 2 years warranty parts and labour

Everfit Welly-M

The Welly-M is ideal for either arm or leg exercises. This simple yet effective piece of equipment is great for post-traumatic rehabilitation and physiotherapy. The pedals are ergonomically shaped for a comfortable grip both for hands and feet. The pedals come with a strap to secure your feet or hands to the pedals while exercising. The resistance is also manually adjustable.

This model also features a small LCD display which shows you workout information while exercising such as, time, scan, count, approximate calories burned, TTR.

Key Features:

- For arm or leg exercises for post-traumatic rehabilitation and physiotherapy

- Pedals: Ergonomically shaped for a comfortable grip even on of hands
- With toe strap
- Resistance: Manually adjustable
- LCD Display

Benefits Of The Product:

Steppers can help you lose weight, as you burn calories each time you exercise with one. Since it is a low-impact, moderate exercise, you do not burn very many calories each time you use it. But with consistency, doing interval training with a mini stepper can increase your resting metabolic rate.

Exercising with a stepper utilizes the same muscles needed to walk or climb stairs. There is a slight resistance that your legs must push against with each step. Therefore, exercising with one regularly can help tone the lower body muscles, including the glutes, hamstrings, quadriceps and calf muscles.

BRAND

EVERFIT



Resistance

Manually adjustable

Computer Functions

time, calories, scan, total count

Display

LCD

Pedal Type

Ergonomically shaped for a comfortable grip even on of hands

Speed

from 28 to 76 rpm (12 levels)

Net Weight	5 Kg
Gross Weight	6 Kg
Dimentions When Assembled (LxWxH)	48 x 39 x 29 cm
Dimentions Of Box (LxWxH)	45 x 19 x 29 cm