

everfit

EVERFIT WELLY-E

SKU: TT13163

149.00 €

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Movement Trainer](#), [Movement Trainers](#)



PRODUCT DETAILS

- With 2 years warranty parts and labour

Everfit Welly-E

The Everfit Welly-E is perfect for exercising lower or upper limbs for passive exercise and rehabilitation. Featuring a remote control for easy and effective use. The pedals are ergonomically shaped for a comfortable grip both for hands and feet. The pedals come with a strap to secure your feet or hands to the pedals while exercising.

This model comes with an LCD display on the remote itself which displays your distance, time, calories, scan, speed level selected, total count. Additionally, the Welly-E comes with 5 pre-set programs.

Key Features:

- Suitable for physical therapy
- Used for toning of legs and arms
- Direction of pedals: forward and reverse directions
- Ergonomic shape for a more comfortable grip of both hands and foot.
- Motorized with remote control. LCD display

Benefits Of The Product:

Steppers can help you lose weight, as you burn calories each time you exercise with one. Since it is a low-impact, moderate exercise, you do not burn very many calories each time you use it. But with consistency, doing interval training with a mini stepper can increase your resting metabolic rate.

Exercising with a stepper utilizes the same muscles needed to walk or climb stairs. There is a slight resistance that your legs must push against with each step. Therefore, exercising with one regularly can help tone the lower body muscles, including the glutes, hamstrings, quadriceps and calf muscles.

BRAND

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Resistance	motorized with remote control. LCD display
Computer Functions	distance, time, calories, scan, speed level selected, total count
Programs	5 pre-set programs
Display	LCD

Pedal Type	ergonomic shape for a more comfortable grip of both hands and foot.
Net Weight	6 Kg
Gross Weight	7 Kg
Dimentions When Assembled (LxWxH)	49 x 40 x 29 cm
Dimentions Of Box (LxWxH)	43 x 29 x 21 cm