

everfit



EVERFIT EFK-500

SKU: TT18665

~~349.00 €~~ **299.00 €**

Stock: In stock

Categories: [Crosstrainers](#), [Fitness](#),
[Fitness Equipment](#)

PRODUCT DETAILS

2 Years Warranty On Parts And Labour

Everfit EFK-500

The EFK-500 features a magnetic braking system with manual resistance adjustment. The flywheel is in the rear of the machine and weighs 8kg. Built out of high quality materials this crosstrainer can support a maximum user weight of to 100kg.

The console features an LCD display and shows you your distance, time, calories, pulse, speed, scan and odometer. For heart rate tracking the crosstrainer features pulse grips.

Key Features:

- Magnetic braking system
- Flywheel weight 8kg

- LCD display
- Manual resistance adjustment

Benefits Of The Product:

The benefits of using an elliptical machine for weight loss are evident, with many people successfully using this piece of equipment to accelerate their fat loss.

In terms of calories burned, workouts on elliptical cross trainers are comparable with the treadmill, but can often feel easier as larger groups of muscles are used to generate the movement.

The precise number of calories burned during a workout on the cross trainer will depend upon a variety of factors, including age, gender and your current level of fitness, but it's certainly one of the most effective machines to use if your goal is to lose weight.

BRAND

EVERFIT



Maximum User Weight	100 Kg
Flywheel Weight	Rear - flywheel mass 8kg
Resistance	Manual on 8 levels
Brake System	Magnetic with manual effort adjustment
Computer Functions	Distance, time, calories, pulse, speed, scan, odometer
Display	LCD display
Stride Length	28 cm

Pedal Type	Extra large for an optimal and comfortable training position
Foldable	No
Transport Rollers	No
Net Weight	31 Kg
Gross Weight	35 Kg