

everfit



EVERFIT BIKE BFK-SLIM

SKU: TT13678

~~254.00 €~~ **239.00 €**

Stock: In stock

Categories: [Bikes](#), [Fitness](#), [Fitness Equipment](#)

PRODUCT DETAILS

- With 2 years warranty parts and labour

Everfit Bike BFK-Slim

The bike features a 6 kg flywheel and a double belt transmission that allows a very smooth and quiet ride. The tension can be manually adjusted on 8 different levels with convenient knob located under the console.

The console of the bike features a large LCD display for constant feedback. This allows you to keep track of time spent training, heart rate, calories burned, speed and distance.

The whole bike weighs about 15 kg and can support a maximum user weight of 100 kg. This makes it perfect for the majority of home users. This exercise bike is designed to be extremely versatile and practical. The BFK-Slim also folds in order to take up less space.

The saddle, or seat, has a vertical adjustment with a padded seat for extra comfort. Additionally, the armrests are coated with rubber for better grip and a sleek look.

Key Features:

- Toe straps
- Heart rate
- LCD Display

Benefits Of The Product:

Cycling is an excellent way to get your heart pumping. Cardiovascular or aerobic workouts, such as cycling, strengthen your heart, lungs, and muscles. They also improve the flow of blood and oxygen throughout your body. This, in turn, can benefit your health in a number of ways, including: improved memory, lower blood pressure, improved blood sugar levels, lower stress levels and much more.

A stationary bike workout is a low-impact workout that uses smooth movements to strengthen bones and joints without putting much pressure on them. This makes it a good workout option for people with joint issues or injuries.

Your ankles, knees, hips, and other joints can be put under a lot of stress when running, jogging, jumping, or doing other high-impact aerobic exercises.

Because your feet don't lift off the pedals with a stationary bike, this option is kinder to your joints, but it still provides a challenging and effective workout.

BRAND

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Maximum User Weight	100 Kg
Flywheel Weight	6 Kg
Resistance	manual with 8-level tension control
Brake System	magnetic with manual resistance adjuster and double belt system for a very smooth pedaling
Computer Functions	scan, distance, time, calories, speed, odometer
Display	LCD display
Adjustable Seat	vertical adjustment
Foldable	Yes
Net Weight	17.8 Kg
Gross Weight	19.5 Kg
Dimentions When Folded (LxWxH)	43 x 41 x 134 cm
Dimentions When Assembled (LxWxH)	82 x 41 x 118 cm
Dimentions Of Box (LxWxH)	118 x 43 x 23 cm