Tip Top Sports Fgura
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ENP DUMBBELL ROD 30MM

SKU: TT16442
8.50 €

Stock: In stock
Categories: Barbells & Rods, Fitness, Weights & Attachments

PRODUCT DETAILS

The ENP Dumbbell Rod combines superior durability, advanced design, and ergonomic precision, this versatile dumbbell rod is the ultimate companion for sculpting your body, building strength, and achieving your fitness goals.

Key Features:

1. Threaded Collars for Secure Fit: The ENP Dumbbell Rod includes two precision-engineered threaded collars, tailored specifically for rods with a 30mm diameter. Say goodbye to wobbling weights and unstable workouts. These collars ensure a firm and secure fit for your weight plates, guaranteeing a seamless exercise routine that maximizes safety and efficiency.
2. Grooved Anti-Slip Grip: Your comfort and safety are our top priorities. The ENP Dumbbell

Rod boasts a grooved anti-slip grip that offers unparalleled control and comfort during your lifts. No more worries about sweaty palms or potential accidents. The ergonomic design promotes a secure hold, enabling you to focus solely on perfecting your form and pushing your limits.

3. Resilient Chrome Finish: We understand the wear and tear that fitness equipment endures. That's why the ENP Dumbbell Rod features a premium chrome finish, enhancing its resistance to abrasions, scratches, and rust. This protective coating not only preserves the aesthetic appeal of the rod but also prolongs its lifespan, ensuring your investment yields long-lasting benefits.
4. Solid Steel Construction: Crafted from a single piece of high-quality steel, the ENP Dumbbell Rod is a symbol of unwavering durability and unwavering performance. With a robust 30mm diameter, this rod stands up to even the most intense workouts, making it a steadfast partner in your pursuit of strength and muscle definition.

Exercise Benefits:

1. Versatile Workouts: The ENP Dumbbell Rod empowers you with endless exercise possibilities. From classic bicep curls and tricep extensions to dynamic squats and lunges, this versatile tool accommodates a wide range of exercises that target various muscle groups. Unlock your potential and customize your routines for comprehensive body sculpting.
2. Progressive Resistance: As your strength and endurance grow, so should your workout intensity. The ENP Dumbbell Rod seamlessly adapts to your evolving fitness level by allowing you to incrementally add weight plates. This progressive resistance approach stimulates muscle growth, prevents plateaus, and ensures consistent results.
3. Enhanced Muscle Engagement: The grooved anti-slip grip not only promotes safety but also optimizes muscle engagement. With a secure and comfortable hold, you can maintain proper form throughout your exercises, effectively isolating and activating specific muscle fibers. This heightened engagement accelerates muscle development and refines your physique.
4. Time-Efficient Training: Incorporating the ENP Dumbbell Rod into your fitness routine streamlines your workouts. Its user-friendly design facilitates quick weight changes and minimizes downtime between sets, allowing you to maximize your training time and achieve efficient, effective results.

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Elevate your strength training experience and revolutionize your fitness regimen with the ENP Dumbbell Rod. Discover the perfect synergy of innovation, durability, and performance, and unleash your full potential with each rep. Embrace the journey to a stronger, healthier you – one lift at a time.

BRAND

ENJOY PLAY

Maximum Load Weight	50 kg
Net Weight	2.25 kg