Tip Top Sports Fgura
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ENJOY PLAY RUBBER WEIGHT PLATE 5KG

SKU: TT16161
13.92 €

Stock: In stock
Categories: Fitness, Plates Rubber Weights, Weights & Attachments

ADDITIONAL INFORMATION

Color	Black

PRODUCT DETAILS

Elevate your workout routine with the ENP 30mm Rubber Weight Plates, a pinnacle of strength and functionality. Ideal for both commercial gyms and home use, these weight plates are

meticulously designed to enhance your fitness journey.

Durable Construction for Intense Workouts:
Constructed with heavy-duty rubber coating, these weight plates are built to withstand the toughest training sessions. Drop them with confidence, as the robust design ensures longevity and durability, making them perfect for high-impact workouts. Break through your limits without worrying about equipment wear and tear.

Enhanced Grip for Optimal Control:
Experience superior control and confidence during your lifts with the exceptional grip provided by the high-quality rubber coating. The textured surface not only adds a layer of protection but also ensures a secure and comfortable grip, reducing the risk of slippage. Feel the difference in your form and execution as you maximize each repetition.

Versatility for Varied Workouts:
With a 31mm opening, these weight plates are seamlessly compatible with regular barbells and dumbbells, offering versatility in your exercise routine. From classic compound lifts like squats, deadlifts, and bench presses to dynamic movements like snatches and cleans, these weight plates cater to a wide range of exercises. Whether you're a beginner or a seasoned athlete, the ENP 30mm Rubber Weight Plates adapt to your evolving fitness needs.

Benefits:

Efficient Muscle Development: Engage multiple muscle groups simultaneously for efficient and effective muscle development.

Reduced Injury Risk: The rubber coating acts as a protective layer, reducing the risk of injury during drops and providing a safer workout environment.

Enhanced Grip Strength: The textured rubber surface improves grip strength, promoting better control and stability during lifts.

Versatile Training Options: Compatible with various barbells and dumbbells, these weight plates allow for a diverse range of exercises, keeping your workouts engaging and challenging.

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BRAND

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