



ENJOY PLAY PLYOMETRIC BOX 30

SKU: TT14002

93.00 €

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#),
[Plyo Box Platforms](#)

PRODUCT DETAILS

Plyometrics are designed to improve an athletes ability and skill as well as increase speed and strength by unique training and exercises programs. They are used to increase the force of muscular contractions, often with the goal of increasing the height of a jump.

BRAND

ENJOY PLAY



Dimentions When Assembled (LxWxH)
Other Details

(L) 60 cm x (W) 60 cm x (H) 77 cm
(landing foot surface): (L) 42 x (W) 42 cm