



ENJOY PLAY MEDICINE BALL 12 KG

SKU: TT15661

74.40 €

Stock: In stock

Categories: [Fitness](#), [Fitness Accessories](#), [Medicine Balls](#)

PRODUCT DETAILS

Medicine balls used for plyometric weight training helps core and abdominal strength. Also great for plyometric exercises, which develop the muscle's capability for speed & explosiveness.

- Medicine balls help you improve muscular strength and power
- Sturdy rubber construction
- Works well for a wide range of upper- and lower-body workouts
- Weight: 12 Kg
- Different weights have different colours

BRAND

ENJOY PLAY

