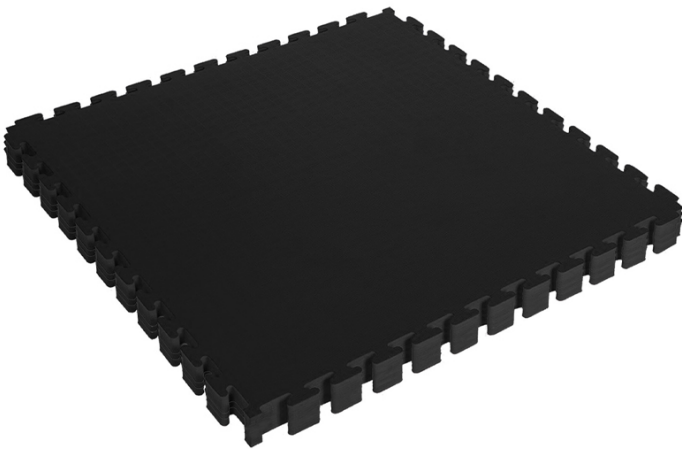


BLACK PUZZLE MAT W/EDGES 1MX1MX1CM

SKU: TT19999
10.00 €

Stock: In stock

Categories: [Flooring & Puzzle Mats,](#)
[Puzzle Mats](#)



PRODUCT DETAILS

Black Puzzle Mats (1 Meter by 1 Meter by Thickness: 1 cm)

Transform your workout space with our premium Black Puzzle Mats, meticulously engineered to elevate your functional training areas. These double-layer technical flooring mats are designed to meet the highest standards of safety and performance, ensuring an optimal training environment whether you're at home or in a commercial gym.

Key Features:

High Shock Absorption: Our mats offer exceptional shock absorption, effectively cushioning the impact of free weights, kettlebells, dumbbells, and barbells. This feature minimizes damage to your floors and equipment, while also reducing noise levels during intense workouts.

Superior Grip and Stability: The high levels of grip and stability provided by our mats ensure a secure and comfortable surface for all types of exercises. Whether you're performing high-intensity interval training (HIIT) or lifting heavy weights, you can rely on these mats to keep you grounded and focused.

Enhanced Comfort: Designed with your comfort in mind, these mats provide a supportive yet firm surface that reduces fatigue and allows for longer, more effective training sessions.

Specifications:

1. Dimensions: 1 meter x 1 meter per mat
2. Thickness: 1 cm
3. Color: Black
4. Design: Puzzle-style interlocking edges for easy installation and a seamless look

Exercise Benefits of Black Puzzle Mats:

Safety: The high shock absorption capacity reduces the risk of injury by cushioning falls and minimizing the impact on joints, making it ideal for high-impact exercises like plyometrics and Olympic lifting.

Performance: The stable, non-slip surface enhances your performance by providing a solid foundation for various exercises, from dynamic movements to static holds, ensuring maximum efficiency and effectiveness in your workouts.

Versatility: Suitable for a wide range of activities, including functional training, weightlifting, yoga, and more. The mats can be easily customized to fit any space, making them perfect for both personal and professional settings.

Durability: Built to withstand the rigors of heavy use, these mats are made from high-quality materials that maintain their integrity over time, providing long-lasting protection and performance.

Comfort: The 1 cm thickness offers a balance of comfort and support, reducing strain on your body during extended workouts and allowing you to train harder and longer without discomfort.

Easy Maintenance: The black puzzle mats are easy to clean and maintain, ensuring a hygienic workout environment. The interlocking design also allows for quick assembly and disassembly, making it convenient to reconfigure your training space as needed.

Invest in our Black Puzzle Mats today and experience the perfect blend of safety, stability, and comfort that will take your training to the next level.

Other Details

Colour: Black