



ALATECH OBEAT 3 HEART RATE ARMBAND FOR AT100

SKU: TT20069

39.99 €

Stock: In stock

Categories: [Treadmills](#)

Size Chart: 38 × 2.5 cm | br

PRODUCT DETAILS

Train smarter with the **ALATECH Obeat 3 Optical Heart Rate Armband**, a lightweight and comfortable heart rate monitor designed to provide accurate real-time heart rate tracking for all types of workouts. Whether you're running outdoors, cycling, using a treadmill, rowing, or training in the gym, the Obeat 3 helps you monitor your performance and stay within your ideal heart rate zone.

Featuring advanced optical heart rate technology, the Obeat 3 delivers fast and reliable readings without the discomfort of a traditional chest strap. The soft, breathable armband is designed for all-day comfort and securely fits your upper or lower arm, allowing unrestricted movement during exercise.

The Obeat 3 supports **Bluetooth®, ANT+ and NFC connectivity**, making it compatible with a wide range of fitness equipment, cycling computers and popular training applications

including **ALA Fitness, ALA Train Live, Strava, Wahoo Fitness, Kinomap and Zwift**. Workout data can also be synchronized with the **ALA Connect App** and securely stored in the cloud for easy access anytime.

The built-in **6-color LED heart rate zone indicator** allows you to instantly identify your current training intensity without checking your phone or fitness machine.

Heart Rate Zone Indicator

- **Z0 - Daily Life** (Blue)
- **Z1 - Warm Up** (Light Blue)
- **Z2 - Fat Burn** (Green)
- **Z3 - Aerobic** (Yellow)
- **Z4 - Anaerobic** (Orange)
- **Z5 - Maximum Effort** (Red)

This makes it easy to maintain the correct intensity for endurance training, fat burning, interval workouts or maximum performance sessions.

Bluetooth	Bluetooth® BLE 4.0, ANT+ and NFC connectivity compatible with App (Kinomap, Zwift etc.)
Net Weight	14 g (without armband)
Other Details	Battery Life: Up to 24 hours, Wireless Frequency: 2.402 – 2.480 GHz, Waterproof Rating: IPX7