



ADJUSTABLE HAND GRIPS

SKU: TT16185

2.90 €

Stock: In stock

Categories: [Finger/Hand Grips](#), [Fitness](#),
[Fitness Accessories](#), [Medical & Physio](#)

PRODUCT DETAILS

These ergonomic handle grips are perfect for training your forearm muscles and grip strength. The foam features indents for an ergonomic grip, as well as a sleek colour combination that fits in any gym.

Other Details

Adjustable from 5 to 60 Lbs