



31MM REGULAR WEIGHT PLATE 5KG

SKU: TT16159
11.95 €

Stock: In stock

Categories: [Fitness](#), [Plates Regular](#)
[Weights](#), [Weights & Attachments](#)

ADDITIONAL INFORMATION

Color Black

PRODUCT DETAILS

Introducing the ENP 31mm Regular Weight Plate – the ideal companion for elevating your home gym or commercial fitness studio to new heights. Crafted from premium cast iron, these weight

plates embody durability and longevity, ensuring a reliable investment in your fitness journey.

Designed with a standard 31mm diameter, these regular weight plates seamlessly integrate with your existing dumbbells and barbells (not suitable for Olympic bars). This makes them an excellent choice for those seeking a practical and efficient solution for strength training.

Key Features:

Durable Construction: Constructed from high-quality cast iron, these weight plates are built to withstand the rigors of intense workouts, ensuring they remain a steadfast companion on your fitness journey for years to come.

Standard 31mm Diameter: The ENP Regular Weight Plate features a standard diameter of 31mm, allowing for compatibility with regular dumbbells and barbells. This versatility ensures you can easily incorporate them into your existing workout routine without the need for specialized equipment.

Perfect for Home Gyms and Commercial Studios: Whether you're working out in the comfort of your home or managing a bustling commercial fitness studio, these weight plates cater to a wide range of fitness enthusiasts, providing a reliable and efficient solution for strength training.

Enhance Your Strength Training: Elevate your strength training sessions with precision-engineered weight increments. The weight is perfect for fine-tuning your resistance levels, allowing for gradual progression and targeted muscle development.

Secure Fit: The ENP 31mm Regular Weight Plate ensures a secure and stable fit on your dumbbells and barbells, minimizing any unnecessary movement during exercises. This stability is crucial for maintaining proper form and maximizing the effectiveness of your workouts.

Compact and Space-Efficient: With a compact design, these weight plates are space-efficient, making them an excellent choice for home gyms with limited space. Their streamlined profile doesn't compromise on performance, providing a seamless integration into your workout space.

Enhance your strength training experience and invest in the reliability and durability of the ENP 31mm Regular Weight Plate. Elevate your fitness journey with a product that meets the highest standards of quality and functionality.

BRAND

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